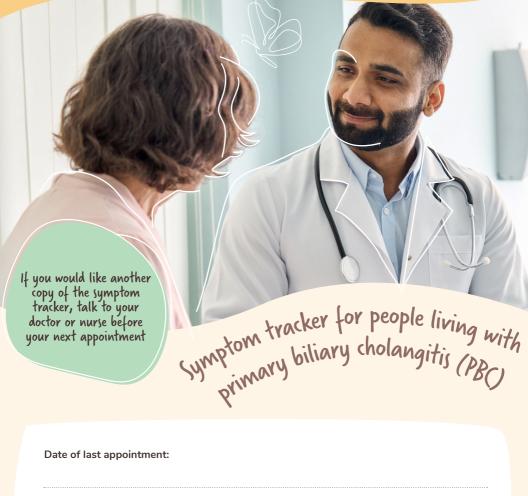
This material has been produced and paid for by Ipsen





PBC symptom tracker

This tracker has been given to you as you have been prescribed IQIRVO® (elafibranor) by your doctor. It is designed to help you capture details about your symptoms since your last appointment so you can discuss them with your doctor or nurse. In the lead-up to your next appointment, try to complete the questions below to the best of your ability.

Use the scales below to rate how much your symptoms have impacted various areas of your daily life since your last appointment. Please rate them from 1 (not at all) to 5 (a lot).

Completing daily tasks



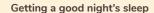
2

2

5

4







-1

2

3

4



Socialising and spending time with loved ones



1

2

3

4



Feeling productive at work



1



Taking part in sport and exercise



2

3

4

(-

Taking part in personal hobbies



1

2

3

4

(

Having good emotional wellbeing



3

4

5



How much have the following symptoms impacted you over the last month?

Pruritus (itch)



(<u>:</u>



Not at all

A bit

A lot

Fatigue



(<u>:</u>

(;)

Not at all A bit

A lot

Brain fog



(:<u></u>



Not at all A bit A lot

Refer to the **Symptom Guide** for an overview of the different symptoms of PBC and suggestions on how to manage them.

This medicine is subject to additional monitoring. This will allow quick identification of new safety information. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

You can help by reporting any side effects you may get. See www.mhra.gov.uk/yellowcard/ for how to report side effects.

Side effects should also be reported to Ipsen via email at pharmacovigilance.uk-ie@ipsen.com or phone on 01753 627777.

Your notes

Use this space to record details of any symptoms you've been experiencing, thinking about things such as:

- The date
- What was it?
- How bad was it?
- How has it been affecting you (physically, mentally, socially)?
- Certain things that improve symptoms or make them worse?

Example: 21/07/2024, the fatigue was hard to deal with, it felt like my arms
were too heavy to lift. I had three bad night's sleep in a row.

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You can use the information captured in this tracker to fill out your **Making the most of** your appointments resource.