



DYSPO[®]

PATIENT INFORMATION BOOKLET (UROLOGY)

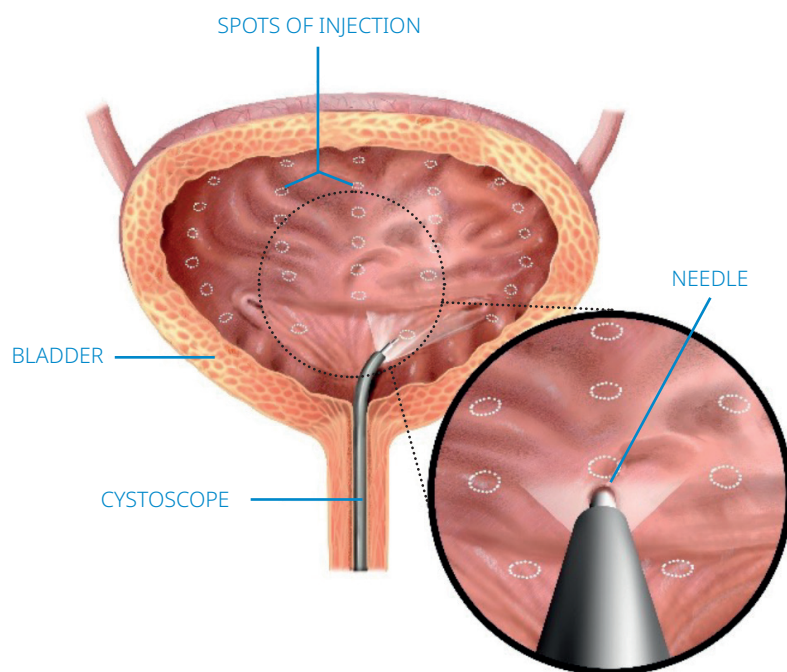
WHAT IS DYSPORT®?

Dysport® is a type of botulinum toxin injection that is injected into the bladder to help treat the leakage of urine (urinary incontinence) or bladder spasms. It is used to treat individuals where medications have been unsuccessful or poorly tolerated.

HOW IS DYSPORT® ADMINISTERED?

Dysport® is administered by a procedure called a cystoscopy. This procedure involves passing a telescope into your bladder, through your urethra (water pipe) and injecting Dysport into different sites on the bladder wall. This stops uncontrolled contractions of the bladder wall which in turn can help stop the symptoms of urine leakage.

You may be given a local or general anaesthetic or a sedative before the injections.



HOW DO I PREPARE FOR AN APPOINTMENT?

Dysport will only be administered if you have been taught how to perform self-catheterisation (SIC) and are comfortable with the technique. SIC is a procedure during which a catheter (a soft, hollow tube) is temporarily inserted into your urethra to help empty urine from the bladder and is removed once the bladder is empty.

Dysport may also be used if you already have a suprapubic catheter in place.

You will be required to take antibiotics prior to the procedure to prevent a urinary tract infection.

If you are taking blood thinning medicine your doctor may adjust your treatment before and after Dysport injections.

You will be asked to provide a urine sample a number of days prior to your appointment.

It is also important to inform the doctor if any of the following are applicable to you:

- ▶ You are feeling unwell or taking antibiotics
- ▶ You are pregnant or breastfeeding, or plan to become pregnant in the coming months
- ▶ You have received other botulinum toxin injections (especially in the last 12 weeks)
- ▶ You have bleeding problems or are taking blood thinners

HOW LONG DOES DYSPORT® TAKE TO START WORKING

After the injection, the treatment will take effect gradually. Your symptoms will usually improve within 2 weeks.

HOW LONG CAN DYSPORT® TREATMENT LAST

The benefit from Dysport® can last up to 48 weeks. Your doctor will repeat the treatment as necessary (usually every 6 -12 months).

ARE THERE ANY SIDE EFFECTS?

As with all medicines Dysport can cause side effects in some people although not everybody will get them. In general side effects occur within the first few days following treatment. Some of the common side effects you might notice include but aren't limited to:

- ▶ Blood in the urine for 24-72 hours after the procedure
- ▶ Mild burning sensation on passing urine

To see the full list and for less frequently reported side effects, please see the Patient Information leaflet.

Other side effects include:

- ▶ Difficulty in passing urine. This may require intermittent self-catheterisation
- ▶ Bladder infection, requiring antibiotic treatment

Usually side effects are mild and wear off relatively quickly. But sometimes they may be more severe or bothersome.

You should consult your doctor if you experience any of the following:

- ▶ Frequent passage of urine
- ▶ Inability to pass urine
- ▶ Worsening bleeding
- ▶ Severe pain

REPORTING OF SIDE EFFECTS

If you experience any side effects please talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this booklet or the patient information leaflet.

For more information please see the patient information leaflet and if you have any questions or concerns about your treatment please contact your doctor or medical team.

